

PIZZAS

Our 12" pizzas and garlic breads are handmade and stone baked

Margherita £9.95 Mozzarella and tomato with mixed herbs

Meat feast £12.75 Chicken, ham, pepperoni, mozzarella and tomato

Pepperoni £12.25 Spicy pepperoni, mozzarella and tomato

Pescatore £12.50 Tuna, red onion, chilli, garlic, mozzarella and tomato

Romana £11.75 Ham, mushroom, mozzarella and tomato

Vegetarian £11.00 Mushroom, red onion, peppers, cherry tomato, mozzarella and tomato

Trader's special £12.75 Mushroom, red onion, chicken, BBQ sauce, mozzarella and tomato

Hawaiian £11.75 Ham, pineapple, mozzarella and tomato

Diavola £12.50 Pepperoni, peppers, chilli, mozzarella and tomato

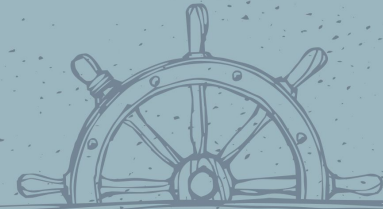
Extra toppings...

Sweetcorn, peppers, red onion, chilli, mushroom, garlic, pineapple £1.00

Prawns, tuna, ham, chicken, pepperoni £1.50

Garlic bread £6.75 **Garlic bread £7.75** with cheese

Garlic bread £7.45 with tomato **Garlic bread £7.65** with red onion, chilli and tomato



TRADERS ARMS

MELLOR

FOOD

Mellor Lane, Mellor, Blackburn, BB2 7EW Tel: 01254 812478

STARTERS

Soup of the day	£6.75
Homemade soup served with freshly baked bread to dip	
Southern fried chicken strips	£8.50
Homemade crispy southern fried chicken strips served with BBQ sauce and salad garnish	
Garlic mushrooms	£8.25
Pan fried button and chestnut mushrooms with white wine and garlic, finished with a splash of cream and served with warm crusty bread	
Black pudding	£8.75
Grilled Bury black pudding served with fresh dressed salad and Traclelements red onion chutney, topped with a soft poached hen's egg	
Prawn cocktail	£9.50
Plump and juicy Royal Greenland prawns served in a homemade Marie Rose sauce on a crisp leaf salad with freshly buttered brown bread	
Gambia pil pil	£9.85
Chilli and garlic king prawns served with sea salted croute and salad garnish	
Duck spring rolls	£8.75
Shredded duck and vegetables wrapped in crispy golden pastry, served with a salad garnish, sticky soy glaze and a pot of hoisin sauce	
Duckless spring rolls	£8.75
Plant based duck meat and vegetables wrapped in crispy golden pastry, served with a salad garnish, sticky soy glaze and a pot of hoisin sauce	

SIDES

Proper chips	£3.25
Skinny fries	£3.25
Curly fries	£3.25
Mashed potato	£3.25
Beer battered onion rings	£3.25

CHILDREN'S MENU

All £7.50

Fish and chips	
Mushy peas	
Ham and egg	
Proper chips and baked beans	
Mild chicken curry & rice	
Warm sourdough bread	
Beef burger	
In a toasted bun with cheese, served with fries	
Chicken goujons	
With fries and baked beans or garden peas	
Sausage & mash	
Served with garden peas and gravy	
Veggie burger	
In a toasted bun with chips	
9" pizza	
Cheese, tomato and two toppings of your choice	
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Ice cream pots	£1.00
Vanilla, strawberry, chocolate, salted caramel or mint chocolate chip	

All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Traders Arms avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

Homemade coleslaw	£2.00
Peppercorn sauce	£2.50
Gravy	£2.50
House salad	£3.00

MAIN COURSES

Fish and chips	£14.95
Cooked in a light crispy Thwaites Original beer batter served with proper chips and mushy peas	
Steak pie	£14.95
Tender chunks of slow braised beef in a crumbly short crust pastry served with proper chips, garden peas and smothered in a rich stock and Thwaites ale gravy	
Cheese pie	£14.95
Café Ri-an's famous homemade cheese pie, made with red and white mature Cheddar cheese and white onion. Served with proper chips and baked beans	
Gammon steak	£15.50
8oz gammon steak, grilled to perfection and topped with a fried egg and a grilled pineapple slice, served with crisp leaf salad, proper chips and garden peas	
Scampi and chips	£13.95
Whitby scampi fried to perfection served with proper chips, crisp leaf salad and garden peas	
Roast ham, egg, proper chips and beans	£12.95
Something simple... Frank Littler and Sons roast ham, proper chips, a fried egg and baked beans	
Sausage and mash	£12.95
Frank Littler and Sons pork sausages served on a bed of creamy mashed potato, garden peas and a home made onion gravy	
Caesar salad	£11.95
Juicy grilled chicken breast served on top of traditional salad with crisp gem lettuce, croutons, Parmesan, anchovies and bacon in a classic dressing	
Steak sandwich	£14.50
Frank Littler and Sons tender strips of rump steak, pan fried until pink, with melted Cheddar and served in a warm toasted ciabatta with skinny fries, crisp fresh dressed salad and mustard mayo	

Chicken and black pudding melt.....**£15.45**
Tender grilled chicken breast topped with grilled Bury black pudding and melting Garstang blue cheese, served with proper chips, crisp dressed salad and a jug of homemade pepper sauce

Ploughman's.....**£14.25**
Honey roast ham, Frank Littler and Sons pork and apple pie, pickled onions, crisp leaf salad, a duo of local cheeses, Traclelements country garden chutney and warm crusty bread

Southern fried chicken strips.....**£13.75**
Homemade, crispy, southern fried chicken strips served with BBQ sauce, skinny fries and salad garnish

Gourmet burger.....**£14.75**
7oz Frank Littler and Sons prime steak burger served in a gourmet sourdough bun with bacon, cheese, onion rings, crisp gem lettuce and sliced tomato, served with skinny fries, homemade coleslaw and tasty tomato relish

Veggie burger.....**£12.50**
Red kidney beans and vegetables seasoned with chilli and paprika, coated in a light crispy crumb. Served in a sourdough bun with cheddar, lettuce, tomato, skinny fries and tomato relish

Southern fried chicken burger.....**£14.75**
Juicy chicken breast coated in herbs and spices in a gourmet sourdough beer bun, topped with cheddar cheese, crisp gem lettuce and sliced tomato, served with skinny fries and homemade coleslaw

Curry of the day.....
Mild and creamy coconut curry served with basmati rice and a warm sourdough flatbread
Chicken £13.95 King prawn £14.50
Vegetable (v) £10.75 Plant based (vg) £9.75
Add a bucket of chips for just £1.50

Stroganoff.....
Sautéed mushrooms, onions and peppers in a creamy French mustard and paprika sauce, served with basmati rice and warm sourdough flatbread
Chicken £13.95 Vegetable (v) £10.75 Plant based (vg) £10.75
Add a bucket of chips for just £1.50