

## PIZZAS

Our 12" pizzas and garlic breads are handmade and stone baked

**Margherita (v) £10.95** Mozzarella and tomato with mixed herbs

**Meat feast £14.00** Chicken, ham, pepperoni, mozzarella and tomato

**Pepperoni £13.25** Spicy pepperoni, mozzarella and tomato

**Pescatore £13.00** Tuna, red onion, chilli, garlic, mozzarella and tomato

**Romana £12.75** Ham, mushroom, mozzarella and tomato

**Vegetarian (v) £12.00** Mushroom, red onion, peppers, cherry tomato, mozzarella and tomato

**Trader's special £13.75** Mushroom, red onion, chicken, BBQ sauce, mozzarella and tomato

**Hawaiian £12.75** Ham, pineapple, mozzarella and tomato

**Diavola £13.50** Pepperoni, peppers, chilli, mozzarella and tomato

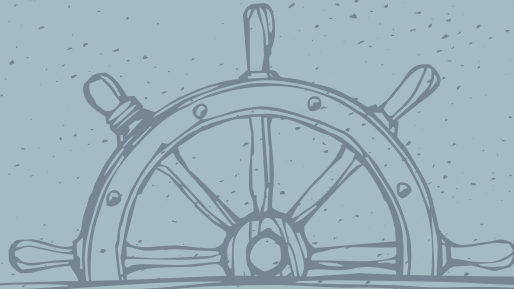
### Extra toppings...

**Sweetcorn, peppers, red onion, chilli, mushroom, garlic, pineapple £1.00**

**Prawns, tuna, ham, chicken, pepperoni £1.50**

**Garlic bread (v) £7.75    with cheese £8.75**

**with tomato £8.45    with red onion, chilli and tomato £8.65**



# TRADERS ARMS

MELLOR

FOOD

## STARTERS

**Soup of the day** ..... £6.75  
Homemade soup served with freshly baked bread to dip

**Southern fried chicken strips** ..... £8.50  
Homemade crispy southern fried chicken strips served with BBQ sauce and salad garnish

**Garlic mushrooms (v) (vga)** ..... £8.25  
Pan fried button and chestnut mushrooms with white wine and garlic, finished with a splash of cream and served with warm crusty bread

**Black pudding** ..... £8.75  
Grilled Bury black pudding, served on a muffin with fresh dressed salad and hollandaise sauce, topped with a soft poached hen's egg

**Prawn cocktail** ..... £9.50  
Plump and juicy Royal Greenland prawns served in a homemade Marie Rose sauce on a crisp leaf salad with freshly buttered brown bread

**Ribs** ..... £10.50  
Tender spare ribs served in a sticky sweet chilli glaze

**Halloumi fries (v)** ..... £9.85  
Served with a sweet chilli jam and a salad garnish

**Duck spring rolls** ..... £8.75  
Shredded duck and vegetables wrapped in crispy golden pastry, served with a salad garnish, sticky soy glaze and a pot of hoisin sauce

**Chip shop bites (v) (vg)** ..... £8.75  
A croquette filled with potato and crushed peas, encased in a cider vinegar batter

## SIDES

**Proper chips (v)** ..... £4.25

**Skinny fries (v)** ..... £4.25

**Curly fries (v)** ..... £4.25

**Sweet potato fries (v)** ..... £4.25

**Mashed potato (v)** ..... £4.25

## CHILDREN'S MENU

All £7.50

all served with a choice of mushy peas,  
garden peas or baked beans

### Fish and chips

**Ham, egg and chips**

**Mild chicken curry and rice**  
Warm sourdough flatbread

**Beef burger**  
In a toasted bun with cheese, served with fries

**Chicken goujon and fries**

**Sausage, mash and gravy**

**Veggie burger (v)**  
In a toasted bun with chips

**7" pizza**  
Cheese, tomato and two toppings of your choice:  
ham, pepperoni, chicken, tuna, sweetcorn, peppers,  
cherry tomato, pineapple - served with fries

---

**Ice cream pots £1.00**  
Vanilla, strawberry, chocolate, salted caramel  
or mint chocolate chip

v vegetarian. vg vegan. va vegetarian option available on request. vga vegan option available on request. All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Traders Arms avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.

**Beer battered onion rings (v)** ..... £4.25

**Homemade coleslaw (v)** ..... £2.00

**Peppercorn sauce (v)** ..... £4.00

**Gravy** ..... £3.50

**House salad (v)** ..... £3.00

## MAIN COURSES

### **Fish and chips** ..... £16.75

Cooked in a light crispy Thwaites Original beer batter served with proper chips and mushy peas

### **Steak pie** ..... £16.75

Tender chunks of slow braised beef in a crumbly short crust pastry served with proper chips, garden peas and in a rich stock and Thwaites ale gravy

### **Cheese pie (v)** ..... £16.75

Café Ri-an's famous homemade cheese pie, made with red and white mature Cheddar cheese and white onion. Served with proper chips and baked beans

### **Gammon steak** ..... £17.25

8oz gammon steak, grilled to perfection and topped with a fried egg and a grilled pineapple slice, served with salad leaf garnish, proper chips and garden peas

### **Scampi and chips (va)(vga)** ..... £15.95

Whitby scampi fried to perfection served with proper chips, salad leaf garnish and garden peas

### **Roast ham, egg, proper chips and beans** ..... £14.85

Something simple... Frank Littler and Sons roast ham, proper chips, a fried hen's egg and baked beans

### **Sausage and mash** ..... £14.85

Frank Littler and Sons pork sausages served on a bed of creamy mashed potato, garden peas and a home made onion gravy

### **Caesar salad** ..... £14.00

Juicy grilled chicken breast served on top of traditional salad with crisp gem lettuce, croutons, Parmesan, anchovies and bacon in a classic dressing

### **Homemade lasagne** ..... £16.95

Using Frank littler & Sons minced beef, layers of lasagne sheets, bechamel sauce and a rich beef tomato ragu sauce, topped with cheese and served with proper chips, garlic ciabatta and salad leaf garnish

### **Ribs** ..... £18.95

Tender spare ribs served in a sticky sweet chilli glaze, served with fries, coleslaw and salad leaf garnish

### **Chicken and black pudding melt** ..... £17.45

Tender grilled chicken breast topped with grilled Bury black pudding and melting Garstang blue cheese, served with proper chips, garden peas, salad leaf garnish and a jug of homemade pepper sauce

### **Southern fried chicken strips** ..... £15.50

Homemade, crispy, southern fried chicken strips served with BBQ sauce, coleslaw, skinny fries and salad leaf garnish

### **Gourmet burger** ..... £17.25

7oz Frank Littler and Sons prime steak burger served in a gourmet sourdough beer bun with bacon, cheese, onion rings, crisp gem lettuce and sliced tomato, served with skinny fries and homemade coleslaw

### **Veggie burger (v) (vga)** ..... £15.25

Red kidney beans and vegetables seasoned with chilli and paprika, coated in a light crispy crumb. Served in a sourdough bun with cheddar, lettuce, tomato and skinny fries

### **Southern fried chicken burger** ..... £17.25

Juicy chicken breast coated in herbs and spices in a gourmet sourdough beer bun, topped with cheddar cheese, crisp gem lettuce and sliced tomato, served with skinny fries and homemade coleslaw

**Add bacon for £1.00**

### **Traders curry**

Mild and creamy coconut curry served with basmati rice and a warm sourdough flatbread

**Chicken £15.50 King prawn £15.95**

**Vegetable (v) £12.25 Plant based (vg) £12.25**

**Add a bucket of chips for just £1.50**

### **Homemade stroganoff**

Sautéed mushrooms, onions and peppers in a creamy French mustard and paprika sauce, served with basmati rice and warm sourdough flatbread

**Chicken £15.50 Vegetable (v) £12.25**

**Plant based (vg) £12.25**

**Add a bucket of chips for just £1.50**