



TRADERS ARMS

MELLOR

Sandwiches

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All sandwiches served on white, brown or granary bloomer

Choose from either, proper chips, seasoned fries
or soup of the day - Additional side £2.00

FLT (gfo)

Breaded haddock, wild rocket, roasted vine tomato,
classic tartare sauce

£10.95

Traders club (gfo)

Grilled chicken, crispy bacon, fried hens egg, vine tomato,
wild rocket, confit garlic mayo.

£12.50

Lancashire grilled cheese (v) (gfo)

Duo of Lancashire cheeses, red onion chutney, crispy shallots

£9.50

Steak sandwich (gfo)

5oz Sirloin steak, caramelised red onion, goats cheese,
peppercorn mayo

£14.50

Croque Monsieur (gfo)

Honey roasted ham, Swiss cheese, mustard mayo

£10.50

Wild garlic tofu wrap (v) (ve) (gfo)

Grilled tofu, pickled red cabbage, salsa Verde,
smoked applewood "cheddar"

£12.95

Atlantic baby prawns (gfo)

Marie rose, gem lettuce, vine tomatoes

£10.95

v vegetarian. vg vegan. va vegetarian option available on request. vga vegan option available on request.

All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. The Traders Arms avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. Thank you.